

## STEP/MBTC Treatment Center Participant Rules

- ☑ Arrive on time for all court dates (9:00am).
- ☑ You must always be escorted by staff while in the Treatment Center
- ☑ No drugs, weapons, urine or other contraband may be brought into the courthouse.
- ☑ Expect to give a urine sample whenever you visit the Court or Treatment Center.
- ☑ Do not bring food or drinks into the Treatment Center.
- ☑ Sexual, physical or verbal harassment of any kind will not be tolerated.
- ☑ Dress appropriately. Do rags and headgear are prohibited.
- ☑ Gang colors and signals are not allowed.
- ☑ Clean up. Keep the Treatment Center bathroom and waiting area tidy.
- ☑ Turn off all beepers and cell phones while in the courthouse.
- ☑ Be patient while visiting the Treatment Center. You will be seen ASAP
- ☑ Respect your peers and STEP staff. Your peers and the staff will respect you

### CRIMINAL COURT OF THE CITY OF NEW YORK

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## CRIMINAL COURT OF THE CITY OF NEW YORK

SCREENING &

TREATMENT

ENHANCEMENT

PART



## Questions & Answers

### Handbook Supplement

### Answers to Your Questions

- **What are the rules I must follow?**
- **What happens if I violate the rules?**
- **How long will the program last?**
- **How can I shorten the amount of time I need to spend in the STEP?**
- **What are Phases?**



**How long will I have to participate in STEP?**

- Felony participants must stay at least 12 months
- Misdemeanor participants must stay at least 8 months



**What are the STEP phases?**

Phases are a way of showing your progress in treatment and seeing how close you are to completing your court mandate.



**How many phases are there and how long are they?**

Felony participants must complete 3 phases:

- Phase 1 ⇒ at least 4 months
- Phase 2 ⇒ at least 4 months
- Phase 3 ⇒ at least 4 months

Misdemeanor participants must complete 3 phases:

- Phase 1 ⇒ at least 4 months
- Phase 2 ⇒ at least 2 months
- Phase 3 ⇒ at least 2 months



**Will I complete the phases in the least amount of time?**

That is up to you! Each time you use drugs or the Judge sanctions you, you will have to begin your current phase all over again, causing you to remain in the program that much longer.



**What things will increase the time I spend in STEP?**

- ☞ Continued use of drugs and alcohol
- ☞ Missing program appointments
- ☞ Lateness at the program or court
- ☞ Breaking rules at the program
- ☞ Missing court appearances
- ☞ Leaving a program without permission
- ☞ Tampering with a urine sample
- ☞ Re-arrest (which may result in termination & jail)
- ☞ Violent, disruptive or disrespectful behavior towards court personnel or treatment staff
- ☞ (For participants going to school) poor attendance, bad grades or not doing assigned class work



**What will happen if I violate any of the STEP rules?**

The Judge may impose a sanction, or punishment, for any behavior that violates the rules. These sanctions include:

- ⊗ Public reprimand by the Judge
- ⊗ Jury Box sanction ⇒ observing court from 9am-5pm
- ⊗ More frequent court appearances/case management
- ⊗ Jail ⇒ from 1 day up to 2 weeks or more
- ⊗ Discharge from STEP ⇒ sentence to the jail alternative



**Who can I turn to for help if I feel like using drugs or I feel I might violate one of the STEP rules?**

Everybody involved in the STEP program wants you to successfully complete this program. Ask for help at any time, especially before you use drugs or violate the rules, but even if you already have. You can turn to your program counselor, your case manager or probation officer, your attorney and, even, the Judge.

**Remember** — You will need to do the hard work to change your lifestyle, but we will help you any way we can.



**And ... Keep in Mind** — If you continue to lead the lifestyle that led to your arrest, you put your sobriety and freedom at risk. You are likely to wind up in jail.



**Positive STEPs for Success!**

- ⊕ Find a new group of positive friends
- ⊕ Go to new positive places and avoid old negative ones
- ⊕ Find positive activities to replace the old negative ones
- ⊕ Avoid any activities related to your old drug lifestyle
- ⊕ Keep busy! Find positive, productive ways to spend all of your time.



My Lawyer \_\_\_\_\_ ☎

My Case Manager/Probation Officer \_\_\_\_\_ ☎

My Counselor \_\_\_\_\_ ☎